



## Sunday and Mid-Week Services

The Rev. Karen Chalk celebrant and  
preacher, unless otherwise noted.

### Sundays

8:00 am Holy Communion  
Book of Common Prayer  
10:00 am Holy Eucharist & Sermon  
Book of Alternative Services

### Wednesdays

9:30 am Holy Communion  
Last service June 13, resumes Sept. 19  
10:30 am Bible Study  
Finished for summer, resumes Sept. 19

## A Collect For The 2007 General Synod

God, your boundless love formed the whole of creation. Shape the gathering of this General Synod, that knowing you as our centre, we may join in your creative work, drawing our world into the wide and ever wider circle of your embrace; through Jesus Christ our Lord, AMEN.

## The Summer You Learned to Swim

by Michael Simms, from *The Happiness of  
Animals*. © Monkey Sea Editions  
for Lea

The summer you learned to swim  
was the summer I learned to be at peace  
with myself.  
In May you were afraid to put your face  
in the water  
But by August, I was standing in the  
pool once more  
when you dove in, then retreated to the  
wall saying  
*You forgot to say Sugar!* So I said *Come on  
Sugar, you can do it*  
and you pushed off and swam to me and  
held on  
laughing, your hair stuck to your cheeks—  
you hiccupped with joy and swam off again.

And I dove in too, trying new things.  
I tried not giving advice. I tried waking  
early to pray. I tried  
not rising in anger. Watching you I grew  
stronger—  
your courage washed away my fear.

All day I worked hard thinking of you.  
In the evening I walked the long hill home.  
You were at the top, waving your small arms,  
pittering down the slope to me and I  
lifted you high  
so high to the moon. That summer all the  
world  
was soul and water, light glancing off  
peaks.  
You learned the turtle, the cannonball,  
the froggy, and the flutter  
And I learned to stand and wait for you  
to swim to me.

*Contributed by Karen Chalk*

# 2<sup>nd</sup> Annual Parish Birding Event at Cooper Marsh

Or ... Ascension Day Observed

THURSDAY MORNING, MAY 31



Join us once again as we go bird watching at Cooper Marsh, just across the Ontario border. We meet in the parking lot, here at St. Mark's, at **6:45 a.m.** Don't forget your binoculars, comfortable walking shoes, hearty lunch, wind proof jacket, sun hat, sun screen, camera and if you have one, a bird book or wildflower book. For more information please speak to The Rev. Karen Chalk or Margaret Beattie.

How to get there: From Highway 401, exit onto County Road 34, (Lancaster interchange), go south onto County Road #2 and follow along 3 kilometres to the main entrance.

## Self Serve or Full Service?

When I was a kid practically all gasoline stations were full service stations supplying gas, oil, tires, auto accessories, and repairing my dad's car when it wouldn't go for one

reason or another. Nowadays, I think most gasoline is bought at self serve gas stations, where the motorist gets out and does all the work of filling the gas tank, checking the oil, and inflating the tires when necessary. And there's something else that's changed, very few of these self serve stations do repairs. There's usually only a cashier in attendance to take your money and give you a promotion coupon to entice you to return there for your next fill-up.

I guess I buy just about all of my gas at self-serve stations. That's all right as far as keeping my gas tank full, but it's not all right as far as keeping my Christian faith topped-up. I want, and go to, a full service church where I'm supplied with all the faith I need for my daily journeys. Where my oil of the spirit is checked to make sure it's up to the mark so that my life will run smoothly, and my tired old body (a.k.a. tires) is inflated with just the right amount of love to ensure I have as smooth a ride as possible down life's highway. And, best of all, I know where to go if my faith needs repairs.

Now all of this full service is pretty labour-intensive, requiring more than one person to make sure my car (life) is running up to its full potential. That's where all of us come in, because each one of us is called on to be part of the full service station team - running out to the pump when someone needs a fill-up of faith or needs their spiritual oil checked. And when it comes to repairs of the body and soul don't think your priest is the only master mechanic around. When we truly believe in the Lord Jesus Christ then every one of us is able to help someone who's life is not running the way it can - or should be.

It's all right to buy your gas at a self serve station, but make sure you go to a full service church. It's the place that gives you that special love and service, not a promotion coupon to make sure you come back.

*Contributed by Leslie Hughes. I wrote this a few years back for another newsletter. I think the message is still pertinent today.*

*During your summer leisure time why not try your hand at something similar to the article*

above. I'm sure there would be space for it in the Autumn Andrew-Mark Letter. The Editor.

## Happy Memories From 50 Years Ago

*Computers, the World Wide Web, the internet and emails are an endless source of information - and remembrances. This email was received by Jennifer in our church office, right out of the blue, on April 7th. The Editor*

This is a letter to the Parish of St Andrew and St Mark,

Fifty years ago on May 25th I was married at your church. I was browsing on the Internet today and found your website as I was wondering about the church where I was married half a century ago.

The circumstances were a little different from the usual bride and groom. My husband had arrived in Dorval in February of that year from England to work as an engineer at Canadian Aviation Electronics and I was staying back in England with the intention of waiting two years for Trevor to come back and we would be married from my home. I realized, by April of that year that this was not a good idea (I am not a patient person) so broached the subject with my family of going earlier to Canada and getting married there! My parents agreed, and Trevor was asked to enquire about arrangements. My future husband, who was not a man brought up in any church, knew this was important to me. He found St Mark's and spoke to The Reverend Robert Rayson and made plans for us to be married there on May 25th 1957. The ladies of the church would provide refreshment for us.

My mother and I sailed from Liverpool in early May. My father went on business to Pennsylvania with plans to come to Dorval and my elder brother David, who was studying at Swarthmore Collage at the time, also planned to come. My younger siblings were not able to come. We arrived on the Empress of England in Montreal a week before I was to be married and were met by my fiancé whom I had not seen for three months. As we were docking my mother said, "darling, if you decide you don't

love him any more we can always go home again!"

Needless to say, fifty years later we have wonderful memories of our two years in Dorval, and how welcome the people at my wedding, very few of whom I had ever met, made me feel. The room where we had refreshments looked lovely with flowers and candles on the tables. The refreshments were delicious and all went very well.

We came to Massachusetts in May 1959 with our newborn daughter, and she was followed a few years later by two other daughters. They are all married now, and we have four grandchildren. Our retirement years are being spent partly in Florida, and partly sailing the coast of New England in our sailboat. Both our married and our sailing lives started in Dorval! Lake St Louis was my first sailing experience on a friend's boat.

I thought this little anecdote about your church and my wedding might provide some amusement to you all.

Jennifer Lambert

*If any long-time parishioners remember this wedding and wish to contact Jennifer, her postal address is;*

*Jennifer and Trevor Lambert,  
6450 Barberry Court,  
Bradenton, Florida, 34202 USA  
email; TLAMBERT@aol.com*

## A Thank-You From Archbishop Lawrence

Karen recently received a letter from Archbishop Lawrence of the Diocese of Moosonee thanking us for our gift to his discretionary fund. We were able to do this from the proceeds from our Shrove Tuesday Pancake Supper.

Quoting from his informative letter about new ways of being Church and engaging in the mission of the Church - "I know that your gift is not only a gift of money, but that it represents your care, your continuing interest in the ministry of the church in the north through

difficult and uncertain times, and your prayers. Thank you so much."

## Prayer Time

My loving Lord Jesus, in all sincerity I do not know at what point I really desire to change. However, I realize that I must! I am unable to do so on my own, therefore, I humbly surrender my will to you Lord, to perform a miracle within me. Hear my heart's cry and look for my needs instead of my failings and shortcomings.

Forgive me and protect me. I admit that I did not live my life according to your will, nor did I observe your word.

Take me as I am and do with me as you wish. I open my spirit and invite you to enter my heart. Thy will be done, not mine. AMEN

*Contributed by Frank Susnak, who found this prayer many years ago and has since prayed it every morning and night. He finds it of great spiritual help.*

## Our Parish Life

### Birth

May 1, Benjamin Alexandre, son of Lisa Yeomans and Alex Odulinski.  
A second grandson for Pat and Bill Yeomans.

### Baptisms

April 8th; Tiana Reese Green, daughter of Jennifer and Braden Green, granddaughter of Shirley and the late Ken Reed.

Isabelle Tabar, daughter of Karin-Ann Blythe and John Tabar.

### Wedding

May 5th; Louise Lamontagne and Claude Desilets.

### Deaths

April 12th; Philip French, a former parishioner, at the Rosedale Retirement Centre.

April 13th; Kathleen Jackson, in Ottawa, A regular worshipper at the 8 o'clock service.

April 19th; Lieutenant Colonel

Frank W. Johnson, DSO, ED, CD.  
Husband of the late Velma Frost.

## Check out the new "All Ages" bathroom



If you haven't checked out our new bathroom yet, now is the time. We were lucky enough to receive a very generous gift just before Christmas, which covered the full cost of this room, which you can find on the main floor, in the old counting room, or Bill Hutton's old office. It is now a bright, cheerful room for everyone to use, especially those who have difficulty with the stairs. It conforms to code for a handicapped room, but it will soon also contain a new baby-changing table, so it is truly intended for "all ages". Hat's off to our anonymous donor, who is inspired to give, and challenges others to follow suit.

## Camp Chapleau Needs Help

Over 700 disadvantaged mothers and children come to Camp Chapleau each summer for a two-week respite from inner-city life. But this year, the 100-year-old Laurentian camp needs groceries, golf

carts (to transport crippled kids) and cash. If you can help, send a cheque to

Camp Chapleau,  
c/o Old Brewery Mission, 915 Clark St.  
Montreal, QC H2Z 1J8

## Many ways to be involved at St. Andrew and St Mark

Working together will keep our parish strong.

**8:00 am Service:** Breakfast group – Many of the parishioners who attend the 0800 service share breakfast together immediately after the service. Let Karen know you would like to attend and she can hook you up with the group.

**Altar Guild:** A group of parishioners share the responsibility of preparing the church for weekly services. Taking turns throughout the year, teams of 2 or 4 people prepare the altar, the linens, the flowers and the Eucharist. Vital to our services, their hard work is done behind the scenes to ensure that everything is seamless. You don't have to have any prior experience, as there are lots who are willing to share their tricks of the trade. Speak to Karen.

**Sides persons and Greeters:** As the first point of contact on Sunday mornings or at special services, the greeters and the sides persons make sure that people are welcomed into the parish and know what to do and where to go. Working with this group on a rotating basis throughout the year is a good way to learn about St. A & St. M and a good way to figure out who is who in the parish as you help others to figure out who we are!  
Speak to Ian McRae.

**Choir:** Music has always been a special part of our worship at St A & St. M. Our music director Bill Hutton works tirelessly to blend our music with the readings and the message of the day. Choir members have grown and learned in their own music skills under his direction and the weekly choir practice on Thursday coupled, with a Sunday morning warm up at 0900, help us to be able to contribute to make our services meaningful. If you have an interest in singing or have sung in another choir and would like to contribute in this way, please

Speak to Bill after church. He will be glad to give you any information that you need.

**Parish Council:** There is a Parish Council which is comprised of several members of the parish. The meetings are held on the third Wednesday of the month at 7:30 pm. Our job is to constantly examine what we are doing and to be sure that it is relevant and enhances the life of the parish. We work along side the Corporation to support projects and programs and we also contribute to the renewal of our parish and our services. The meetings are open to the whole parish and anyone who would like to join us will be welcomed. Please speak to Jane Evans.

**Bible Study on Wednesday morning:** Bible Study and Eucharist on Wednesday morning have become an oasis for those who wish to spend some time thinking, reading and discussing the scriptures in order to find a message for our quirky world. Your only requirement is a desire to relax and contemplate in a very pleasant and supportive atmosphere. Please join us Wednesday mornings at 9:30.

**Meet and Eat:** We are going to try and create a small supper club in the fall. As mentioned in the last newsletter we will match small groups of people and beginning with a Potluck supper we will meet 2-3 times over the winter to have a simple supper and evening of conversation and laughter. If you would like to be part of this please speak to Jane Evans, Karen Chalk or sign up in the Narthex. PS We are also looking for a jazzier name than "meet and eat" – please help!

**Book Club:** Our numbers have grown to 13. At present we are all women but that can change!! We choose books to read and discuss over the year and we meet in each other's houses for a glass of wine once a month. We have eclectic tastes and our conversation is scintillating, if I do say so myself. Our books are always listed on the narthex bulletin board and you are welcome to join us for one or many evenings. Please speak to Jane Evans.

**There are also a couple of ways that you might consider giving of your own:**

**Flowers for the altar:** Flowers, although not always necessary, are a beautiful addition to our altar on Sundays. Consider making a donation on a special family occasion, a memorial for a family member or a gift of thanksgiving. You can make your donation through the church office. Be sure to include a note to Jennifer as to the reason for your donation so a prayer or a note in the bulletin can be made if you so wish.

**Dorval Community Aid:** On a weekly basis we gather food gifts to send to our prayer partners the Dorval Community Aid. Even during the summer there are needs in families throughout our community. Please consider adding a couple of dollars to your grocery bill and donate the food to those in need. There is a blue box in the narthex where you can deposit your donations.

**St Michael's Mission:** We are prayer partners with St. Michael's Mission. This organization serves the need of men and women who are homeless, in despair or in great need. We gather good new or used clothes and new toiletries. The needs are endless and although we make a huge contribution at Christmas we also continue to deliver goods throughout the year. It is tough to think about those who may not have even the most basic of underwear, socks and soap but these are the needs that we have been asked to fulfil. Your contributions will be most welcome and they can be placed in the big red barrel in the front closet where we hang our coats.

*You may have other ideas that you would like to share with us and if you have any questions or comments please let me know. For more information call Jane Evans (514) 631-6134.*

## Parish Council News

In the preceding section of the newsletter you will find a long list of ways to contribute to the growth and sustenance of our church family. I want to thank Jennifer Gibb for the ideas and the list which I think is a good review of ways to be more active in the life of the parish.

We have just finished another successful rain-filled garage sale. A lady who always attends

our sales actually asked me on that soggy Saturday "Have you now started to plan this sale on a rain day?" We certainly seem to have mastered the rain day phenomenon and I want to thank everyone who worked prior to, during and after the sale. It never ceases to amaze me that the pile of 'treasures' actually sell at all. The highlight as always was Gordon Hunter trying to sell items on the 'Charlie Brown' table of goods that are a very tough sell. Thanks to Russ Peden for his overall direction. One final note the bake table was spectacular as always.

Over the final meeting of our Parish Council for the spring and into our first meeting of the fall we will begin to explore the narrative budget. In the very near future you will receive a letter outlining our plans. As discussed at the Annual Meeting, this type of a budget is less about the money and more about our values and beliefs about who we are as a parish and who we want to be when we grow up. I hope when you are called on to meet and talk for a few short minutes about worship, liturgy, mission etc. that you will heed our invitation.

As we move into the summer months I want to thank Bill Hutton and the choir for their music and their leadership during the services. We are incredibly lucky to be the beneficiaries of their hard work.

On behalf of the Parish Council I wish you well over the upcoming months of renewal. I hope you will make constant use of summer services here or elsewhere. The calm and quiet nature of the church in summer always seems so uplifting.

## Book Club roaring Towards the summer

Our group is working on our last two books for the season. We will meet May 30<sup>th</sup> at the home of Myrna Guy to discuss A Thread of Grace by Mary Doria Russell. If you would like to attend please call either Myrna or Jane Evans so we can carpool.

As we close our season we finish with supper at the home of Jane Evans. We will be reading The Song of Names by Norman Lebrecht.

We are compiling a list of all the books that we have read so that others who might like a summer reading list will have a good one. It will be posted in the narthex and we will put it onto our website, so keep your eyes open.

We will be looking for books as we go into the Fall so don't forget to let us know if you have terrific books that you wish you had had someone to talk to about. Then come and join us on that night.

*For more, call Jane Evans at (514) 631-6134*

## Our Church History

### From a Church Notice January 1961

Sacred Concert: Sunday the 29th. This musical event will be given in St. Mark's Church, at 8 o'clock by St. Mark's Choir and Organist, and as a special attraction will be assisted by the John Rennie High School Festival Choir of 50 voices directed by Mr. S.E. Mc Kyes. The programme will consist of Church Anthems and Sacred Solos, plus Organ Solos. Here is an opportunity for those who appreciate singing and music.

### From church files March 6th, 1961

Dear Friends,

In early 1960 the General Synod of the Anglican Church of Canada established the Primate's World Relief Fund so that our Church might be able to respond quickly to any urgent call for help throughout the World. Appeals for the Fund were to be made on an annual basis in the hope of setting up a reserve fund which could be used for unforeseen disasters as well as assisting current, continuing relief projects. In 1960, the first year of operation of the fund, Canadian Anglicans gave \$ 220,000 and, in line with last year's policy to join with the World Refugee Year, over \$130,000 of this was allocated to refugee projects through the World Council of Churches and the United Nations.

This year the church has decided to give it's full support to the Freedom From Hunger Campaign initiated by the Food and Agriculture Organization of the United Nations. The Primate's appeal for support is enclosed along with a special envelope and a counter cheque, if required. Your property and finance committee and the corporation give careful thought to each of the many appeals it receives to determine whether it should be considered by St. Mark's Church and by the congregation and, if so, in what manner. While there are several areas of donation (such as Theological College, Student Christian Movement, etc.) which probably are better handled as donations from you through St. Mark's Church General Funds, the Primate's Relief Fund appeal is essentially an appeal to individual Christians - a challenge to practice our Christianity in a tangible way by sharing our good fortune with the less fortunate of the world. As such, it should have high priority on your donation schedule and should be given serious individual consideration each year when it is presented.

Yours Faithfully, Reginald M. Turpin.

A. G. Wolff,  
Incumbent's Warden

P. B. French,  
People's Warden

*Contributed by Wally Lambert,  
From church archives*

## Prayer Care

Parishioners, family or friends of parishioners who are in need of our prayers.

June Ayre  
Darren Berry  
Charlotte Best  
Muriel Best  
Fay Bland  
Ada Cavanagh  
Carol Anne Cavers  
John Cromwell  
Dorothy Cutts  
Betty Davies  
Bill Egan  
Sherry Faber  
Joan Hancock  
Dorothy Healy  
Maureen Howard

Anne Montpetit  
Bibianne Ouillette  
Celia Phipps  
Joyce Rapley  
Ken Rapley  
Wilson Reusing  
Lillian Robb  
Carmen Rye  
Norma Sklivas  
Renata Sohn  
Tom Spence Sr.  
Phyllis Susnak  
Sonia Swain  
Jeff Valentine  
Bert Williams

Andreas Koerner  
Bill Lambert  
Barb Johnston

Evi Williams  
Gary Williamson

Please help to keep this list up-to-date by advising the Rector or Jennifer Gibb in the church office (514) 631-3601 of any changes.

## Touching the Heart: Prayer in Parishes

During Lent, I took part in the Touching the Heart: Prayer in Parishes program that was offered here at the church. Organized by Norma Sklivas with the assistance of The Rev. Karen Chalk and the musical touch of Sr. Val Clarke SSJD, these three evenings turned out to be a special time of learning, sharing, and reflection that was particularly helpful to me and I hope it was the same for the others participants. I know it was good program because I felt a bit out of sorts and empty on the fourth Tuesday when I had no special event to attend.

The guest speaker, Archdeacon Paul Feheley, opened the session with a light-hearted look at how prayer is often an afterthought in parish activities or more specifically how it is passed off as someone else's job. He accomplished this through a role-playing activity that showed a disconnected view of parish life at a fictitious church where each "section head" from the Rector and the Warden to the Sunday School Teacher and the Musical Director and everyone in between was so pre-occupied with running their respected activities that prayer itself fell through the cracks. This reality is also compounded by the fact that congregations are often so focused on the structured and formal aspects of prayer that the prayers themselves fail to engage the parishioners in deeper thought. Since prayers are often read or recited by rote, they no longer seem to come from the heart or touch the hearts of those in need.

In response to this structured view, Archdeacon Feheley discussed how the goal was to reestablish the importance of prayer by making it a more relevant element of parish life. An atmosphere of prayer needs to be created so that it is integrated into all aspects

of the community. This can be accomplished by practicing what Archdeacon Feheley calls the 5 P's of Prayer: making it a **permanent priority** that is **personal** with **purpose** and **passion**. Ultimately, it is everyone's responsibility to make sure that prayer remains meaningful for all parishioners and does indeed truly touch our hearts.

This can be achieved by trying different methods and ideas to enrich prayer. In the video companion for the session, Archdeacon Feheley offered the following suggestions for keeping prayer important and engaging:

- Raise questions about prayer and encourage others to seek answers
- Encourage individual responses and contributions
- Call to mind the purpose of prayer and keep it clear and focused
- Be open to communicating with all parishioners in their prayer needs

On a practical level, using music more effectively, creating variations in the tone and wording of the text, and encouraging moments of silence can all help to accentuate prayer. While different situations require different forms of prayer from the standard offerings of the Sunday Service to the contemplative prayers used to address individual need, every prayer has its place and each parishioner is drawn to them in their own way.

Several participants discussed the fact that during the role-playing event and subsequent video presentations, no one from the fictitious church asked the new parishioners what they were seeking, what their needs were, or what they were looking for in a new congregation. This raised an important point that it is not simply enough to offer prayer to the community, but we must find out where people are on their journey with prayer and be open to different levels of need in order to help them grow.

Part of the session included sharing our ideas about prayer in the parish and this shed some light on people's thoughts on this issue. In no particular order and from no one in particular ideas that might improve prayer at St. Andrew and St. Mark included the establishment of a

prayer group for study or meditation, a time to reflect on prayer through music, and the use of silence to encourage deeper thought on the issues offered for prayer. Reviving the foyer dinners was also suggested as a way of getting to know each other better and thus be more connected to the community. Ways to make the prayer care list more meaningful by reciting fewer names, but mentioning what ails these individuals or if they are getting better, were also discussed. An extra session or two would have been helpful in order to flush out these ideas a bit more.

In closing, I would like to thank Norma, Karen Chalk, Sr. Val, and Archdeacon Feheley for all their hard work to prepare and present this program. Thanks also to the other participants for sharing their thoughts on prayer in the parish. I learned a lot from our discussions.

*Contributed by Stacey Neale*

## **FALL GARAGE SALE Saturday, Sept. 22**

The usual amazing variety of things old and new, big and small, slightly used and untouched - but all at a fraction of the price you would pay at your local shopping mall. So make sure you clean out the nooks and crannies in your house of things you no longer need so that we can truly offer an eclectic selection to the hordes of shoppers who will descend on us starting at 9:00 am.

As usual - hamburgers and hot dogs (cooked to your personal taste) plus coffee, tea and soft drinks will be available.

And don't forget to select something from the Bake Table for your Sunday lunch or dinner

**TELL YOUR FRIENDS - THEN COME AND HELP**  
**Financial Update**

## **to April 30th**

<b>Revenue</b>	<b>\$55,689.74</b>
<b>Expenses</b>	<b>53,738.18</b>
<b>Balance</b>	<b>1,951.56</b>

A quick look at our finances shows a balance of \$1951.56. However, we still have to make a month's payment to the Diocese of clergy and office stipends. Unfortunately, one of their accounting employees has been ill and they are behind in charging us for these expenses. A reminder that we still have expenses during the summer months, so please continue to keep your financial commitments to St Andrew and St Mark up to date.

## **Kids in Church**

A mother invited some people to dinner. At the table, she turned to her six-year-old daughter and said, "Would you like to say the blessing?" "I wouldn't know what to say," the girl replied. "Just say what you hear Mommy say," the mother answered. The daughter bowed her head and said, "Lord, why on earth did I invite all these people to dinner?"

## **Upcoming PWRDF Events**

### **7 June at 12 Noon**

#### **A Review, Share and Renew**

Parish representatives are invited to attend the Service of Holy Eucharist at Christ Church Cathedral. Immediately following the service they will gather in Fulford Hall for "A Review, Share and Renew." Our guest will be Bishop Barry Clarke. Bring not only yourself, a sandwich and a guest, but also a photo or a story or two of what PWRDF activities have been highlighted in your parish.

### **26 August at St. Barnabas, St. Lambert**

The sights and sounds of Africa will be coming to St Barnabas with the African Children's Choir. Watch the "Montreal Anglican" for more information, concert time and ticket prices or go to <http://africanchildrenschoir.com>.